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## 1 Foreword

people cannot do without air, especially oxygen. The oxygen percentage in the normal air pressure is 21%. People will suffer a hyporoxic death if oxygen is lower than 12%. 90% of the people in the city are in various degrees of hypoxia. Hyperbaric oxygen therapy improves the quality of life and keeps us more healthy. It is the latest trend in health and beauty.



2 Symbols

The following table is a list of symbols and definitions that used with the Hyperbaric Chamber.

CE	CE certification	EC REP	AUTHORISED REPRESENTATIVE IN THE EUROPEAN COMMUNITY
	Manufacturer		Date of manufacture
Ń	Type B Applied part		Refer to instruction manual/booklet
SN	Serial number		Protective earth (ground)
F8AH250V	Mains fuse specification	$\bigcirc$	On
$\bigcirc$	Off		HOT SURFACE DO NOT TOUCH Allow to cool before servicing
INTAKE	Intake	EXHAUST	Exhaust
	Warning	Caution	Caution
	Correct Disposal of This Product (Waste Electrical & Electronic Equipment)Statement: Contact the local authorities to determine the proper method of disposal of equipment and its part		Upward
Warning	Air deflate valve indicator internal/ external	Ţ	Keep dry from rain

# 3 Safety Notice

#### In order to ensure safety, please read the following precautions before use

## warning:

Abnormal smell during use, please turn off the power and pull out the plug; Please make sure the socket plug is fully inserted; Please do not disassemble the machine without permission from the supplier; This product needs to stay away from water and fire and sharp objects; Children need to use under adult care; Please do not touch any valves on the chamber while using; Please do not place heavy objects on the machine; Do not use if the wire is loose; Do not pull or twist the power cord; Hand wet Do not touch the power plug and switch; Do not use it in a bathroom or other damp environment;

#### Prohibit the use of crowd

- 1. Pregnant women and people with severe infectious diseases and patients
- 2. Bad colds, Pneumothorax patients
- 3. Patients with severe emphysema
- 4. Hypertension exceeds 160 / 100ml
- 5. Severe heart problems

#### notice:

- 1. In the chamber, when the pressure is rising, the ears may have a sense of squeezing, just like the feeling of taking a plane up and down. This is normal. The following methods can be used to debug: a. Spit saliva; b. Chewing candy, c. Yawning; d. Pinch nose and blowstay in the chamber, when the pressure is stable at 30kPa. This discomfort will gradually disappear.
- 2. Zippers can be opened only when the chamber has depressurized to OkPa.



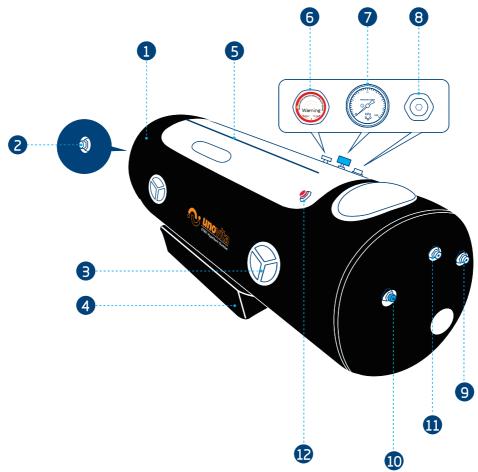
After get out of the chamber, please turn off the power immediately after use, cleaning work in a timely manner.

# 4 Product specifications and construction

## 1. chamber bladder

1	cover	7	external pressure gauge(0~100kpa)
2	automatic pressure relief valves	8	internal pressure gauge(-100~0kpa)
B	viewing windows	9	air inlet valve
4	anti-roll bolsters	10	oxygen inlet valve
5	5 zippers		backup valve
6	air deflate valve	12	emergency pressure relief valve

model	ST801
size	80*225cm
pressure	1.3ATA(30kPa, 4psi)
weight	13kg

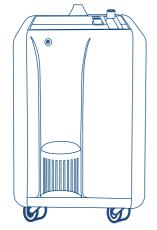


## 2. Air compressor



	Air Compressor		
Voltage	110/220V		
Air Flow	72L/Minute		
Power	480W		
Weight	18KG		

3. Oxygen concentrator



Oxygen Concentrator		
Voltage	110/220V	
Capability	5L/Minute	
Power	480w	
Weight	25kg	

### 4. Air cooler

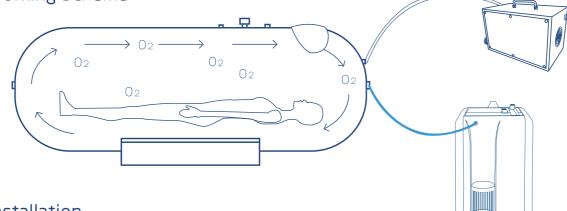


Air Cooler		
Voltage	110/220V	
Capability	150L/Minute	
Pressure	0.8mPa	
Power	220w	
Weight	5kg	

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# 5 Product assembly and operation

## Working Scheme



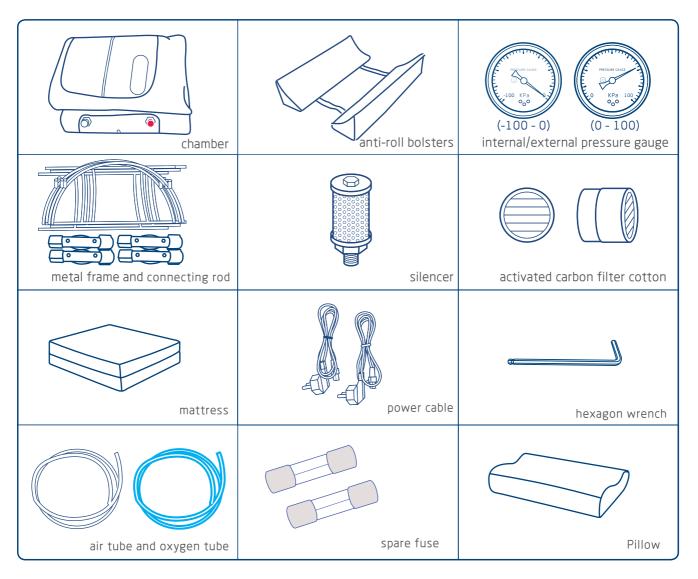
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## Installation

1. Please open the accessory box before installation

#### accessories



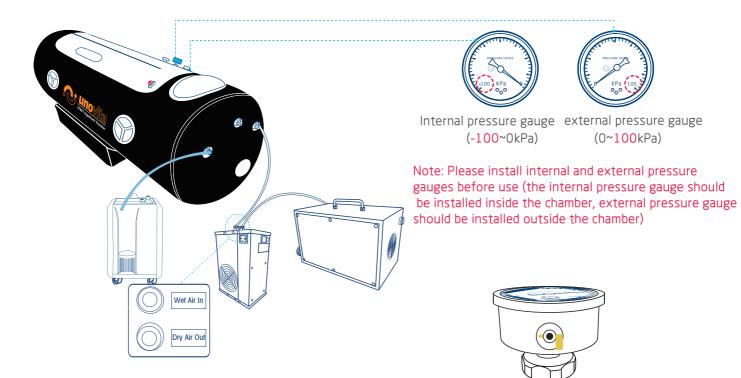
2. Connect the oxygen tube on oxygen concentrator to the oxygen inlet valve of the chamber.

Connect the Tubes with Air Compressor, Cooler and Chamber. Please connect air tubes from Air Compressor to the Wet Air In port of Cooler and connect air tubes from Chamber to the Dry Air Out port of Cooler.

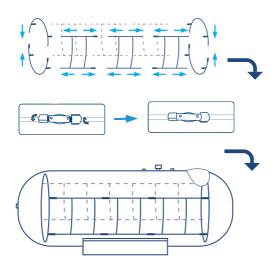
There is a water drainer on one side of the Air Cooler. Unscrew the black valve when the drainer is full of water.

Install internal&external pressure gauges.

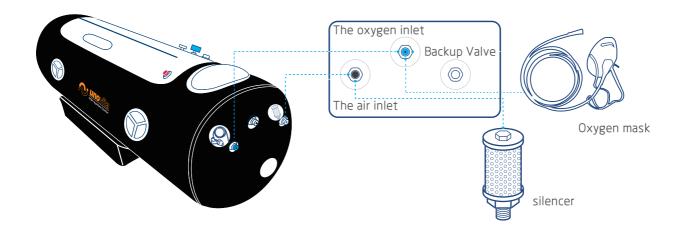




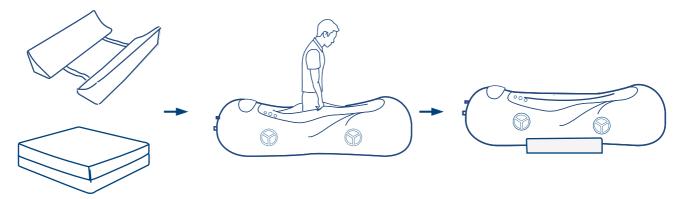
Pressure Gauge Calibration when it doesn't work: Please find the yellow calibration valve on the side of the pressure gauge, pull it out and then insert it back. 3. Install the metal frame (needs to be installed inside the chamber, it is recommended to take all frame pieces into the chamber, then install the frame after chamber getting inflated.



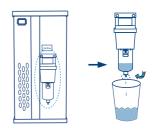
4. Silencer mounted to the air inlet valve inside the chamber Oxygen Mask/ headset mounted to the oxygen inlet valve inside the chamber



5 、 Put in mattress and put anti-roll bolsters under the chamber.



6. There is a water drainer on one side of the Air Cooler. Unscrew the black valve when the drainer is full of water.



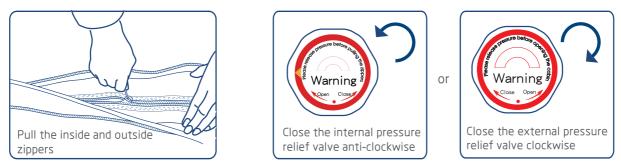
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## Operation

1、 Switch on the machines

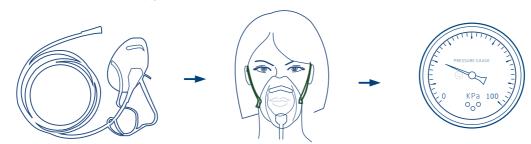


2. Get into the chamber, pull inside and outside zippers and close the air deflate valve (make sure to flatten out the silicone strip between the zippers)

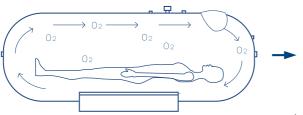


Zippers and Air Deflate Valve can be operated both inside and outside the chamber.

3. Lie down and wear oxygen headset or mask.



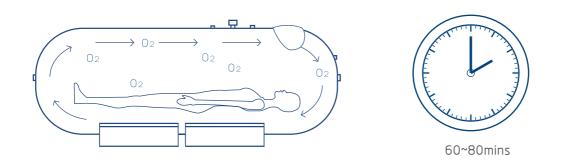
4. In about 8 mins, the chamber pressure gauge will slowly rise up to 30kPa, at this time the automatic pressure release valve will exhaust air automatically.



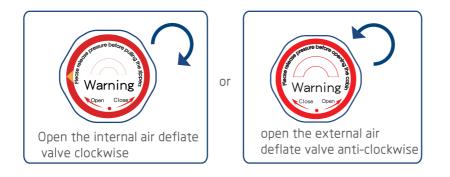


(Pressure gauge error tolerance ±3kPa)

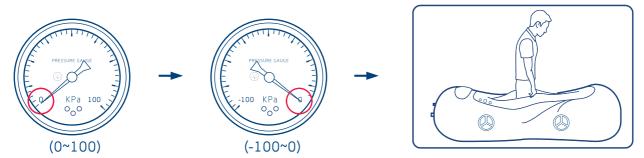
5 It is recommended to use 60~80 mins per session.



6. After use, please open the Air Deflate Valve to reduce pressure first.



7. When the pressure gauge shows 0kPa, open the zippers and get out of the chamber



8. After getting out of the chamber, turn off the air compressor, oxygen concentrator and air cooler.



#### Precautions when using



When using for the first time, please test the empty chamber first and observe whether the equipment is operating normally. If the equipment is running abnormally, please do not use it. Please contact your dealer promptly.



When you need to get out of the chamber, wait until the pressure gauge shows OkPa before you open the inner and outer zippers. Do not force the zipper to open during use or when pressure relief is not complete.



In the event of an emergency or if the air deflate valve fails to operate properly, push the emergency relief valve from inside the chamber to relieve pressure. When the pressure is 0, pull the zipper and get out of chamber



When you use the device for the first time, there is slight discomfort or pain in your ears. This is a normal phenomenon caused by pressure increase. You can improve your discomfort by chewing or swallowing. After several uses, this phenomenon will gradually disappear.

## 6 Preparing before hyperbaric therapy

#### 1. Clothing

People may go to the chamber fully clothed, wear the loose, comfortable clothes.

People may bring electronic products/drinks into the chamber.

Ladies should remove long socks(silk stocking) into the chamber. Please take off shoes before getting in. Shoes, jewelry, or any sharp objects that could damage the chamber should be removed.

Disposable feet and hair covers may be used for increased sanitation.

To make the therapy experience more pleasant, the person should get as comfortable as possible, that means taking care of restroom breaks and/or drinking water before getting into the chamber.

The user should be advised to relax and breathe normally.

Breathe normally during the therapy. The air inside the chamber will be continually exchanged, people should have no difficulty breathing.

#### 2. Chamber Pressurization

During the pressurization, if people feel pain in the ears due to the tympanic membrane received extrusion pressure, the ear can cause tingling. It's normal, at this point, people can do some chewing gum motion or swallowing to adapt to the pressure change. The user will feel normal when the pressure is stabled at 30kPa. But if the user couldn't bear the pain anymore, for instance, when the pressure rise to 15kPa, the ears feel very painful, the user should either turn off the compressor immediately, or unscrew the air deflate valve slowly, to reduce the speed of pressurizing.when people feels better after a while, screw the air deflate again, until it gets 30kPa. When a session is finished, turn off the machine and unscrew the air deflate valve to depressurize the chamber, the pressure will drop slowly from 30kPa to 0kPa, this depressurization process should be more than 5 mins, if too fast, people might feel pain in the ear and there is risk of decompression sickness. When the pressure gauges appear 0kPa, zippers can be opened, people can get out

#### 3. Communication

The person may communicate with the outside attendant, more clearly when the attendant is standing by and looking into the chamber window.

A two-way communication system such as a walkie talkie may also be used during chamber operation.

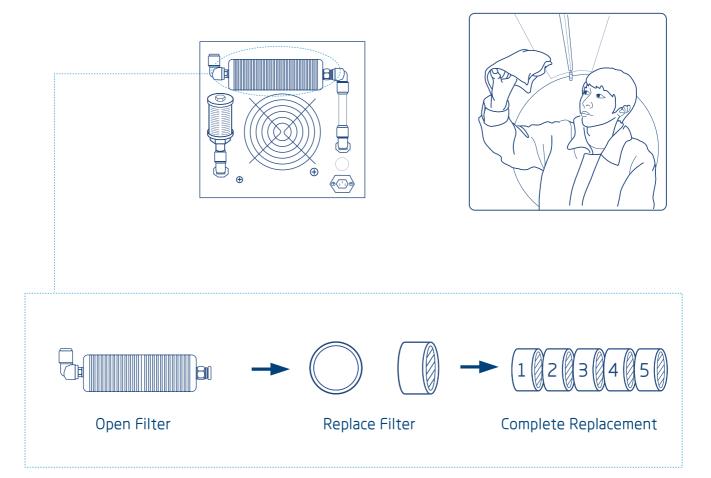
# 7 maintenance

#### 1. Chamber maintenance and cleaning

Clean the chamber: After using a deodorizing and antibacterial spray, or after diluting it twice with alcohol, wipe it and let it dry. Drive the machine to run for 20 minutes.

#### 2. Air compressor maintenance and cleaning

It is recommended to replace the activated carbon filter cotton every 6 months.



## 8 FAQ

#### (1) What should I do to prepare for a treatment

People can go into the chamber fully clothed. It is recommended to wear loose comfortable. Shoes, jewelry, or any sharp objects should be removed before getting into the chamber. It is recommended that women not wear stockings in the chamber, because it may cause feelings of claustrophobia.

#### (2) How will the HBOT treatment feel?

The chamber will be filled with compressed air. Once the chamber has expanded to its filled size, it will start to pressurize. While the chamber is pressurizing, your ears will feel the change in pressure inside the chamber.Otherwise it should be unnoticeable. To equalize the pressure and avoid the feeling of fullness in your ears, you will need to clear your ears by chewing (gum or food), swallowing, yawning. During the pressurization of the chamber, your mouth may become dry. Once the chamber is fully pressurized, your salivation will return to normal. Additionally, the chamber may become slightly warm while it is pressurizing. Once it is to full pressure, the relief valves will begin to pull the warmer air out of the chamber. Then you can sleep, meditate, read, watch movie, listen to music, etc.

#### (3) How long is the treatment?

Treatment times are usually 60~80 minutes per session, 5-7 Times per week.

#### (4) Is Hyperbarics good for the Elderly?

Most definitely. Hyperbarics is great for those in their later years. Hyperbarics provides an immeasurable boost which counteracts the signs of aging. In fact, new research indicates that hyperbaric oxygenation slows Apoptosis (cell death).

#### (5) Is Hyperbarics good for Children?

Yes, hyperbarics yields wonderful results with children. In fact, research with children suffering from brain-injuries and genetic disorders shows positive results and great promise. We recommend that children under the age of 16 need to be accompanied by an adult inside the chamber.

#### (6) How safe is the Portable Hyperbaric Oxygen Chamber?

Pure oxygen under pressure is extremely flammable. Monoplace hard chambers use pure oxygen under pressure, so safety precautions must be taken when using these chambers. While our chamber uses pressurized room air with an oxygen concentrator. Hence it is safe and not flammable. However, the chamber should not be exposed to any naked flame, cigarette or the like.

#### (7) Are there any side effects?

The most common side effect is discomfort to the ears caused by pressure changes. To minimize the risk, patients learn to promote the adequate clearing of your ears during pressurization. Some patients may feel tired and dizzy after using hyperbaric chamber for the first time. It's a good signal as Hyperbaric Oxy-gen Therapy will speeds up the metabolism of our body, just like people feel tired after a long running. They are usually good signs of indicating detoxification.

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#### (8) Do I need a prescription or supervision to use the chamber?

No, you do not need a prescription to use the Portable Hyperbaric Chamber. If you are using the chamber to treat your health condition, we recommend you seek advice from your health practitioner. The Portable Hyperbaric Chamber is easy to use without the need for any supervision or specialised training. Pressure gauges and pressure release valves come standard in the interior of the chamber, and the zipper is double sided for easy and fast exiting if required.

#### (9) Are there any contraindications for Hyperbaric Oxygen Therapy?

Never use the chamber while you catch a cold or flu symptoms. Never use the chamber if you have rhinitis or otitis media. Never use the chamber if you are pregnant.

#### (10) How can I learn about the HBOT?

The most comprehensive book about HBOT is The Oxygen Revolution by Paul Harch, M.D. This book is geared toward consumers who would like to learn more about how HBOT works and what conditions it treats. The book explores the science behind HBOT, as well as case histories of patients who have benefited from HBOT.

# 9 Faults and Troubleshooting

If your chamber fails to operate properly, please refer to the troubleshooting chart on the following pages for possible causes and solutions. If the problems still can't be solved, please contact your euipment provider.

Trouble	Causes	Solution
Chamber pressurizationvery slow	<ol> <li>Air compressor joint or air inlet joint loose or crack</li> <li>Air filters full of dusts</li> <li>Air inlet on the air compressor is clogged, no smooth intake</li> <li>Air compressor screws loose</li> <li>Air deflate valve did not tighten up</li> </ol>	<ol> <li>Make sure there is no cracks or loose parts, reinstall the joints</li> <li>Replace new filters or clean the dusts on the filters</li> <li>Clean the air inlet part of the air compressor</li> <li>Tighten up the screws on air compressor</li> <li>Tighten up the air deflate valve</li> </ol>
Pressure does not go toor hold at proper kPa	<ul> <li>1.Didn't close the zippers</li> <li>2.Didn't close the air deflate valve or didn't tighten up</li> <li>3.Air tube does not stick in the connector</li> <li>4.The blue silicon sealing strip between inside and outside zippers is not flat</li> </ul>	<ol> <li>Depressurize the chamber first, then close the zippers and restart</li> <li>Make sure no cats and dogs in the valve holes, then close the valve and tighten it up.</li> <li>Stick the air tube in the connector</li> <li>Make the blue sealing strip is flat</li> </ol>
Noisy sound or intense vibration of air compressor	1.Air filter is clogged 2.Air inlet on the air compressor is clogged, no smooth intake 3.Air compressor screws loose	1.Replace the filters 2.Clean the air inlet part of the air compressor 3.Tighten up the screws on air compressor
Chamber does not swell at all	<ul> <li>1.Air tube might fall off, air leakage</li> <li>2.Didn't close the air deflate valve or didn't tighten up</li> <li>3.There is air leakage on air compressor</li> </ul>	<ol> <li>Find out the leakage source, stick the air tube in the connector</li> <li>Close the valve and tighten it up.</li> <li>Reconnect the air tube to the connector of air compressor</li> </ol>

# 10 Condition for Transportation and Storage

Environment temperature scale : -10°C-40°C Comparative humidity scale : 30%-85% Air pressure scale : 700hPa-1060hPa



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