

Boris Aranovich

# Therapy of the Future

Aquatone &  
Triomed

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Människans Resurser

## Introduction

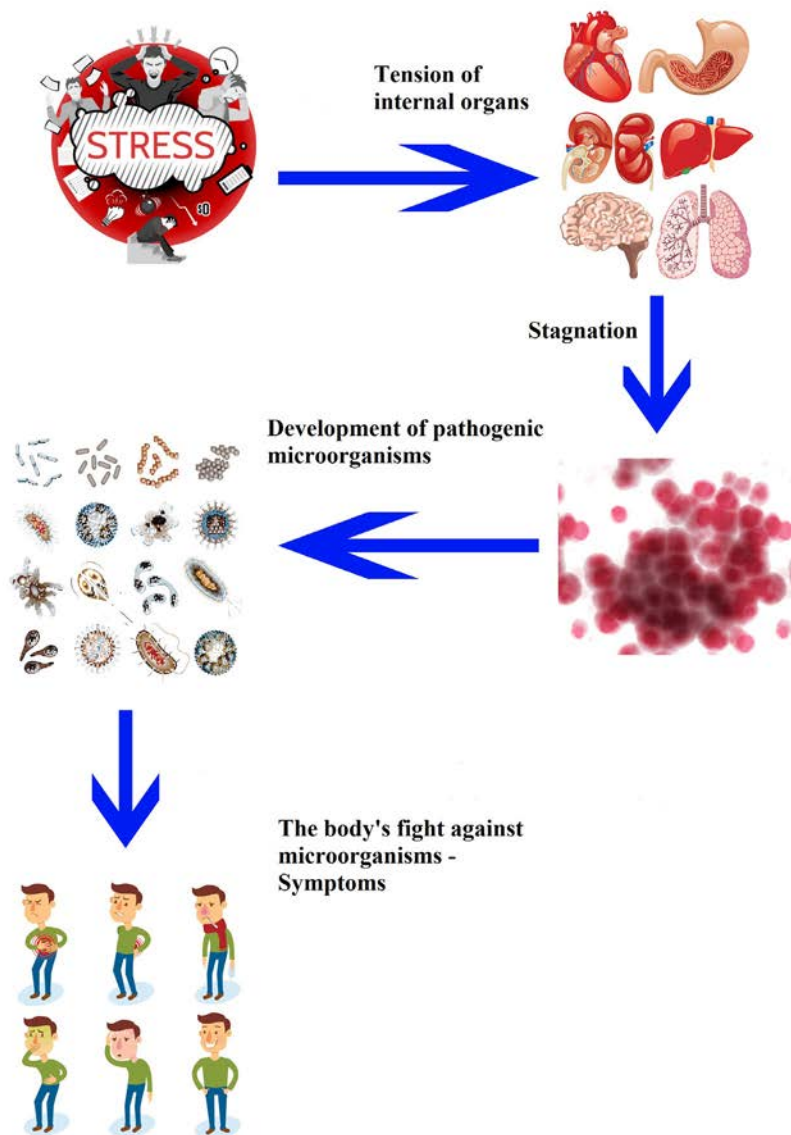
People are using many methods to heal themselves, but usually without achieving desired results. In order to know how to best improve your health, you need to understand that the body should be treated on three different levels.

Level 1: You work with the physical body, including physical exercise, breathing exercise, vitamins, minerals and other supplements.

Level 2: You work with the energetic structure of the body, which is closely connected to the biochemical structure of the body which it also controls. This type of work is more extensive and may affect a number of the bodily systems simultaneously. Examples of this type of body work are acupuncture and Aquatone and Triomed treatments. Aquatone and Triomed treatments are very advanced methods based on quantum physics research, and while being very effective, they are also easy to use - no prior knowledge is required.

Level 3: Working with the body's information system. Information governs all bodily processes, both biochemical and energetic. And this is the highest level. Our governing information comes from three different sources: our thoughts, information from society and information from our genes. Your thoughts will eventually affect your biochemistry. If an authority has told you that you have an incurable disease, then the chance is you might just attract that. Our genes also transmit information that may affect us. And cutting edge research concludes that we are able to affect the genes' influence with our thoughts.

Working on level 1 can be useful if the health issue is mild and may also be helpful in preventing certain health problems. Working on level 2 is much more beneficial. In particular, using Aquatone and Triomed, as these methods improve a multitude of bodily functions and are able to restore the body's innate healing power naturally. These health tools are also able to positively affect our psyche, enabling us to have happier thoughts with more ease. But sometimes, people with prolonged health issues have stored problem patterns in the subconscious, which controls the body. Thus, working on yourself doing all the treatments, not much will improve as the person subconsciously does not believe in recovery. There is only one thing to do - eliminate the patterns from the subconscious, or as it is also called "the neuro-synaptic connections". But this entails another type of work.



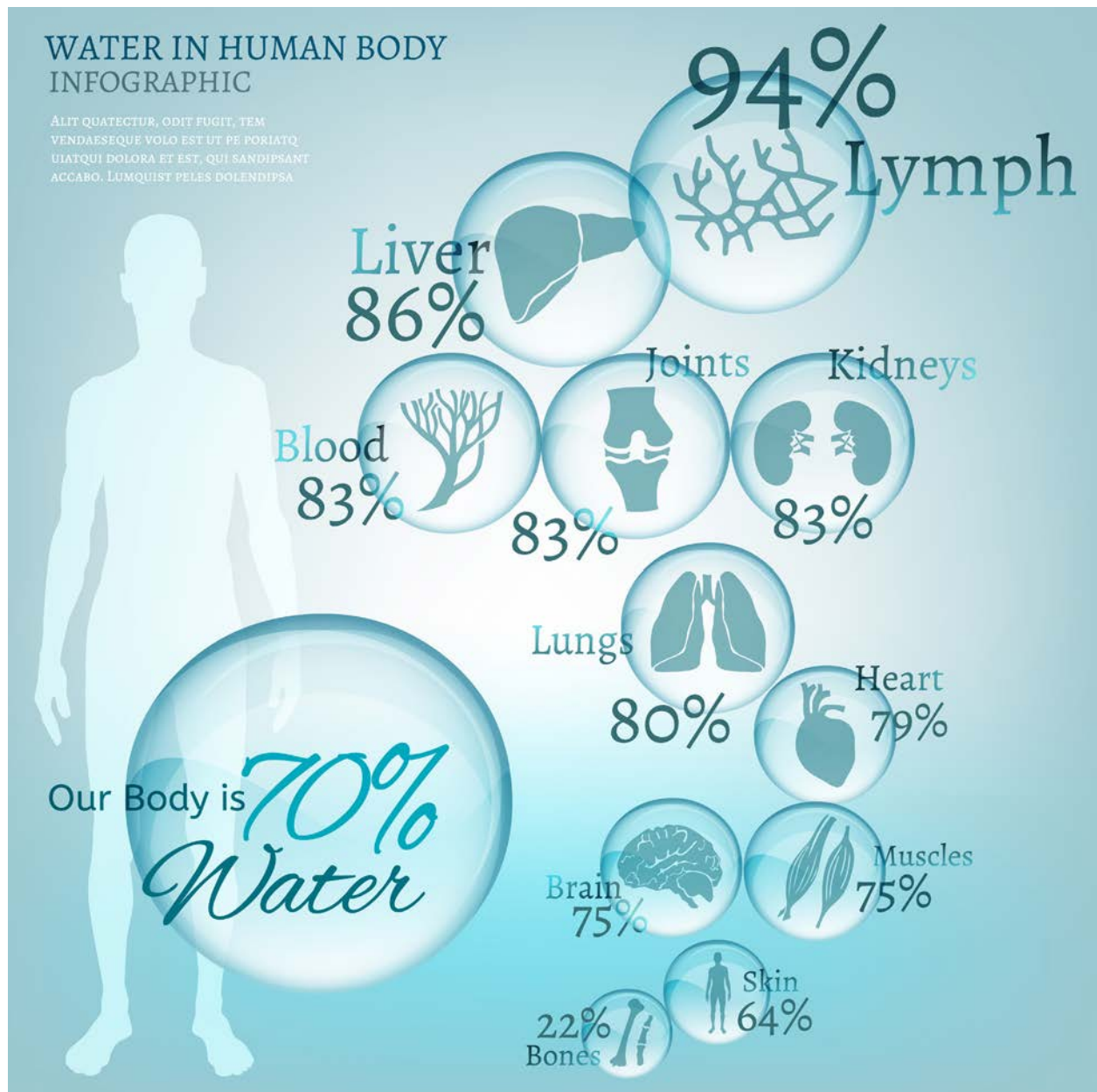
## Reasons why health problems occur

This picture shows that all problems are caused by various kind of stress, it might be anxiety, worries and situations that we find stressful. Stress causes tension in the inner organs, which is the beginning of stagnation. And where there is stagnation, be it in the intestines or the liver, micro-organisms will develop. The body then tries to fight the micro-organisms by starting inflammatory processes or creating tumors to limit the damage - which is the body's way of surviving. The important thing Aquatone does for the body is to reduce stagnations and thus aids the body to regain strength so it easier can heal itself.

Aging and various strains in life may impair the order and harmony in the vibrational system, which can cause problems in the body. Today, science has managed to find the resonance frequencies of water and created a device that can produce these vibrations - Aquatone. By naturally restoring the water structure in the body, all biochemical processes are improved which substantially increases the body's healing power.

## WATER IN HUMAN BODY INFOGRAPHIC

ALIT QUATECTUR, ODI FUGIT, TEM  
VENDAESEQUE VOLO EST UT PE PORIATQ  
UIATQUI DOLORA ET EST, QUI SANDIPSANT  
ACCABO. LUMQUIST PELES DOLENDIPSA



## The body's inner environment

Our body is made up by cells. All organs, body parts, blood and lymph are cells - working, creating energy, performing their functions. And all this work, all biochemical reactions take place in the inner environment of the body which consists of 70-80% of water. The picture shows how much water various organs contain. Every health problem, ailment and aging process is always the result of an unhealthy inner environment - be it due to contamination, weakened structure or diminished flow in the liquids. If we can improve the inner environment of the body, then we have found an universally applicable method of recreating health.

Aquatone is a very practical solution that is able to restore health thanks to a new innovative technology. This technology enables the individual to easily deal with a multitude of health issues, it is also incredibly effective and very easy to use at home.

When an Aquatone device emits its super weak electro-magnetic waves, the waves improve the balance in the bodily fluids, thus entirely or partly restoring the fluids in the body. Bodily fluids that are exposed to Aquatone react on the device as if it was a tuning fork.

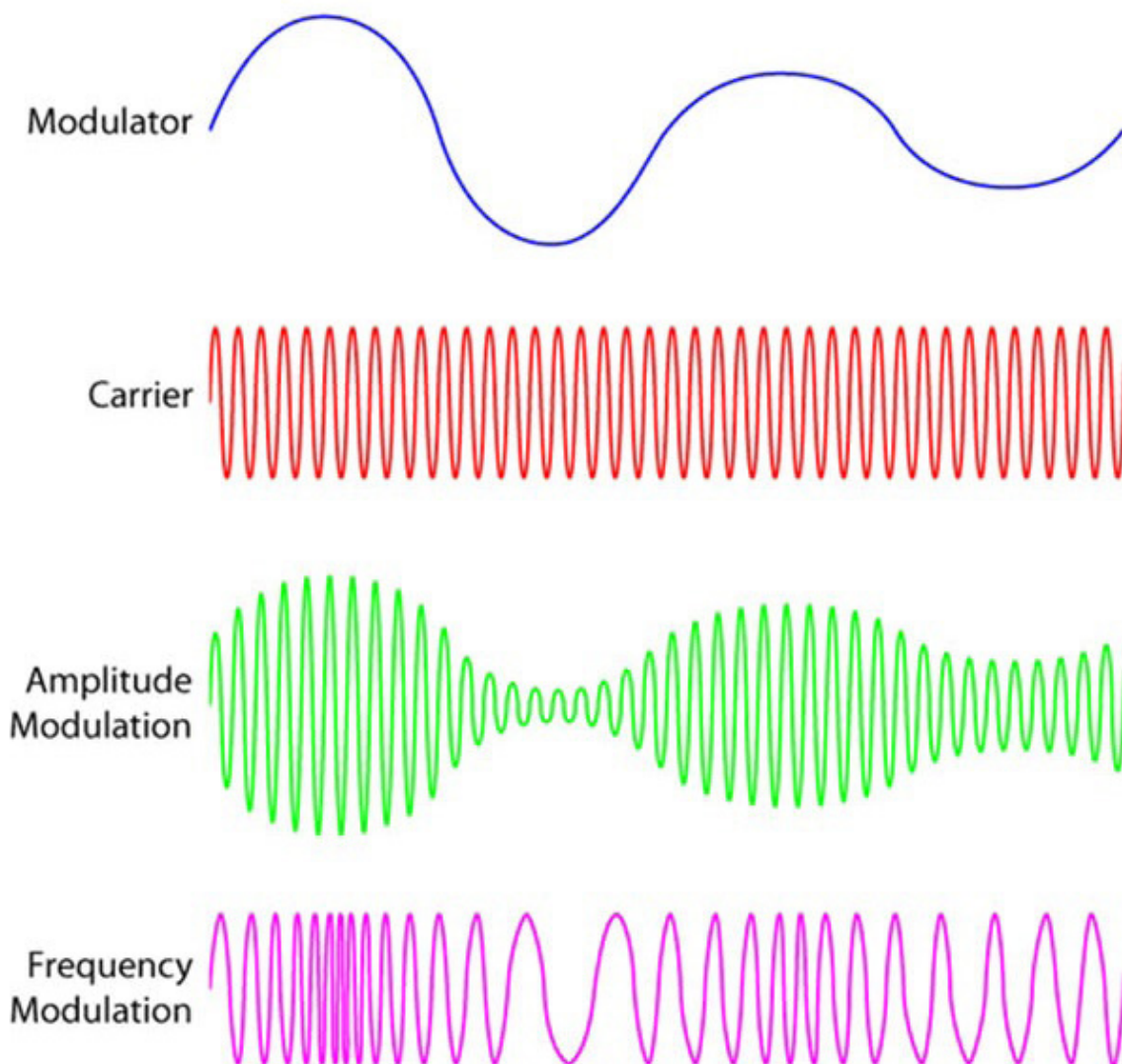
By restoring the body's informational structure (blood, lymph, intra- and extra-cellular fluids), the body's biochemical processes are strengthened, including anti-inflammatory processes. For more information about Aquatone, go to: [www.aquatone.se](http://www.aquatone.se) and [www.mr-ab.se](http://www.mr-ab.se).

Another handy device is Triomed, which emits super weak electro-magnetic waves closely related to the body's own electro-magnetic waves. Triomed works like a tuning fork for the informational connections between cells. By restoring these connections, the body is able to awaken its innate ability to heal itself. Triomed also works as a tuning fork for the cell membranes, which entirely or partly regain their ability to absorb oxygen and nutrients.

You'll find additional information about Triomed at: [www.mr-ab.se](http://www.mr-ab.se) and [www.triomed-sweden.se](http://www.triomed-sweden.se).

These two devices, Triomed and Aquatone, complement each other perfectly. Triomed helps the cells to increase energy and improves cell communication and Aquatone improves the aquatic environment in the body, which enhances the effectiveness of the cells' communication and aids the cells to engage in biochemical processes.

## Modes and Levels



## Modes and Levels

All Modes have the same resonance frequency and restore the body's water to its normal status. Immediately upon placing the device on an organ or body part, the water in that organ or body part will be restructured to its original status. And it is precisely this that makes Aquatone so unique - the restructured water improves the biochemical reactions and enables the immun system to function more effectively.

However, in general, the water is restored to 80%, 60% , 50% or so. In order to maximize effectiveness, the various Modes have been created. This means that the resonance frequencies reach the body with different velocities - they swing forward, slower or faster depending on health issue or organ. With more resonance, status will always improve, so it is impossible to do wrong. It is just a matter of the treatment being more or less efficient.

Recommended Modes are based on experiences made at various clinics and hospitals. In my opinion, it is always beneficial to try out for yourself and alternate between Modes as we are all individuals in varying condition. There are however general recommendations which fit all:

Mode 2 is more suitable for soft tissues and inner organs.

Mode 3 is recommended for joints and the spine, Mode 1-3, Mode 2-3 and Mode 2 are for the brain.

Always use Mode 1 for emergencies or acute situations.

Regarding Levels, it is easy:

Level 1 for children and animals,

For adults, initially a couple of months, Level 2 and thereafter Level 3.

However, it is beneficial to test which feels best - for example, it could be better for elderly to stay on Level 2 all the time.

## Aquatone's and Triomed's part in treating health issues, rejuvenation and cosmetology

Treating health issues with Aquatone and Triomed always consists of a general treatment and a local treatment. In order to maintain good health, prophylactic treatment is highly recommended and should be performed with general treatments and cleansing of liver, kidneys and lymph system. Cleansing should be done one week per organ and three times per year. Recommended treatment length is 1-1,5 hours per day. In order to support the body in assimilating the treatments, we also recommend a paus of at least 30 minutes after having completed a 20-minute Aquatone treatment and a 30-minute Triomed treatment.

# General treatment of various health problems

Health problems are the result of imbalances in the body's self-regulating mechanisms where the main components are the brain, the nervous system and the hormone system. Long-term stress such as anxiety, worries, concerns, sadness, depression etc. can cause imbalances in the brain which in turn cause imbalances in the nervous system and hormone system. Imbalances in the nervous system often lead to tension in the inner organs and body parts, which creates stagnations. And it is in these stagnations micro-organisms develop, causing the body to fight them by inflammations and other disorders. Imbalances in the nervous system may also affect the immune system, possibly resulting in allergies, auto-immune diseases, inflammations or tumors. Imbalances in the hormone system lead to many other problems, such as poor uptake of vitamins and minerals, psychological problems and a number of other deteriorating effects on the entire organism. This is why it is so important with correct treatment, i.e. including treatments which improve or restore the self-regulating mechanisms - particularly if the problem is chronic. Modern quantum physics science has managed to discover the connection between the body's physiology and the body's vibrations. And today, we have the ability to change the physiology by affecting the body's vibrations. The two devices, Aquatone and Triomed, which both emit super weak and body similar vibrations, are the most effective methods currently existing for improving the body's regulating mechanisms. The effectiveness of the devices comes from their ability to improve the environment of the body - fluids, blood, lymph, cell membranes and cell communication - which is paramount for the self-regulating mechanisms' ability to function properly. Some people suffer from more than one health issue, which is the evidence of poor bodily regulation - without first having improved the regulation, restoring health is almost impossible. Symptoms can only be improved temporarily. Working with self-regulating mechanisms is also necessary for prophylactic purposes. Following a few suggestions how to improve the self-regulating mechanisms with the aid of Aquatone and Triomed.

## 1. Improving brain functions::

Triomed: treating the acupressure points VG 20 for 2 minutes and VG 16 for 2 minutes. See picture. With Triomed Compact programme 1, with Triomed Vital and CGI programme 2. Twice a week.

Aquatone: treating the back of the head for 10 minutes and the forehead for 10 minutes with Mode 3, Level 2, three times a week.

## 2. Improving the nervous system:

Triomed: Use the programme "Harmony" twice a day, every day. Treat points VG 14 for 5 minutes, see picture, with Triomed Compact's programme 1 and CGI's and Triomed Vital's programme 2, Three times a week.

Aquatone: Treat solar plexus 10 minutes twice a day with Mode 2, Level 2. Five times a week.

## 3. Improving the hormone system:

Triomed: Treat points R1 for 10 minutes and RP6 for 10 minutes. See picture. With Triomed Compact use programme 1, with CGI and Triomed Vital use programme 2. Three times a week.

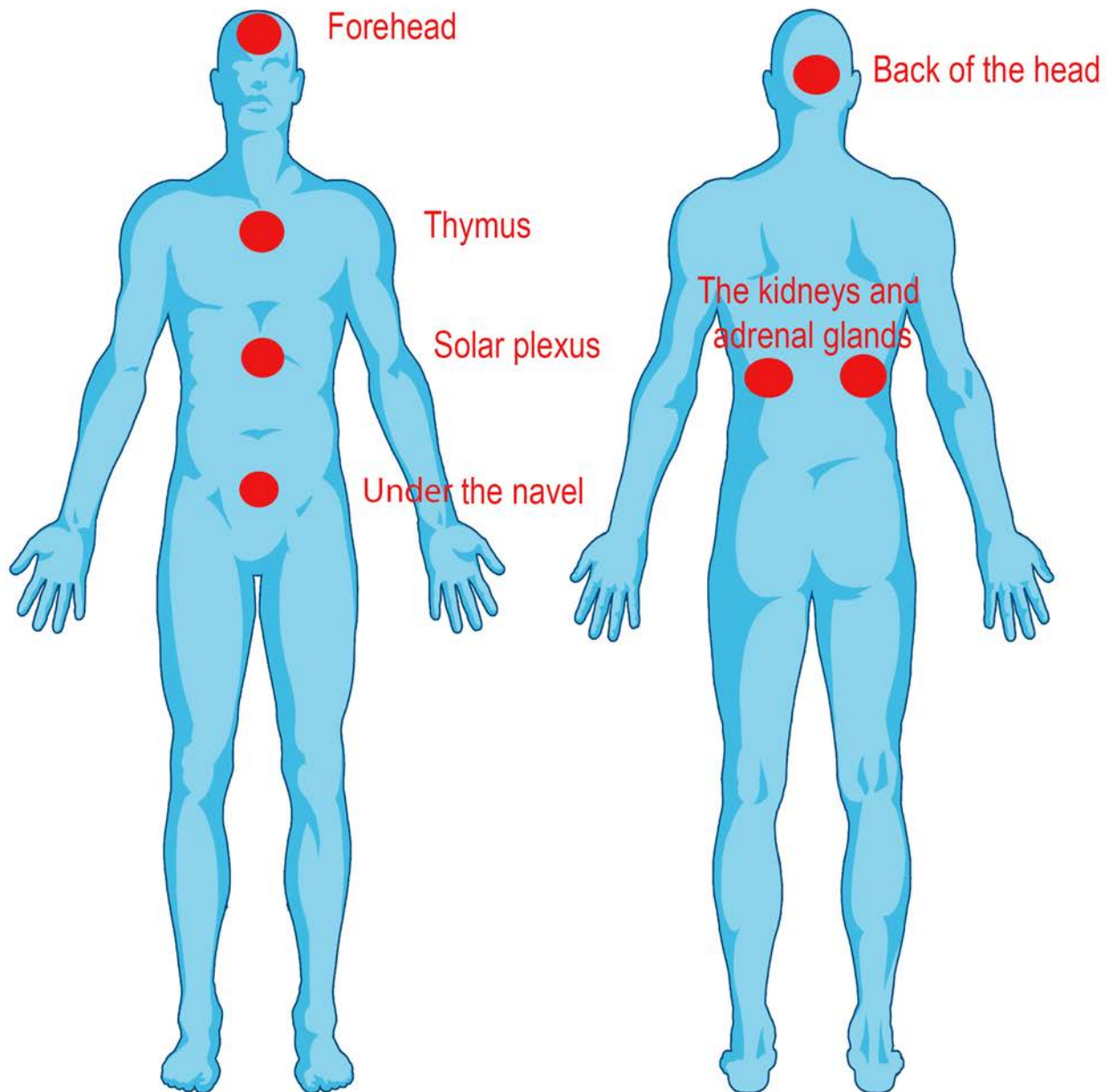
Aquatone: Treat the zone under the navel for 10 minutes with Mode 2, Level 2, three times a week and treat the kidneys and adrenals on each zone for 10 minutes with Mode 2, Level 2, three times a week.

Additionally, when treating self-regulating mechanisms, you can place Aquatone directly on the ears, as the ears cover all active reflex zones of the body: 10 minutes on each ear with Mode 2-3, Level 2. Twice a week.

I would like to emphasize that these are treatments for improving the self-regulating mechanisms. During the day, you can add treatments for specific problems.



## General zones strengthens the whole body



On the head is recommended to use Mode 3 or Mode 2-3 in depression Mode 1-2

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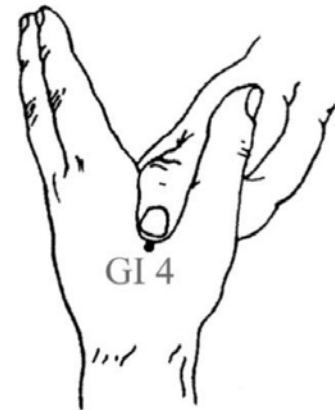
## General balancing of the body, ten points

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### Colon meridian

GI-4

Between the thumb and forefinger,  
the pit



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GI-11

At the end of the crease of  
the elbow.



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### Stomach meridian

E-36

3 Chon under the bottom edge of  
the patella and 1 Chon from  
the tibial cam, on the outside of the leg.

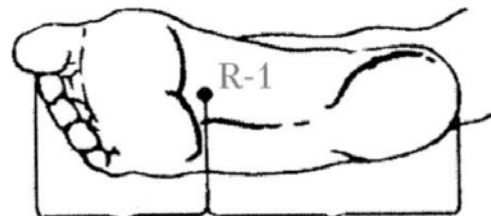


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### Kidneys meridian

R-1

In the middle of the sole,  
the pit.



## Spleen meridian

### RP-6

Behind the tibia, 3 chon above the middle of the inner ankle, on the muscle.



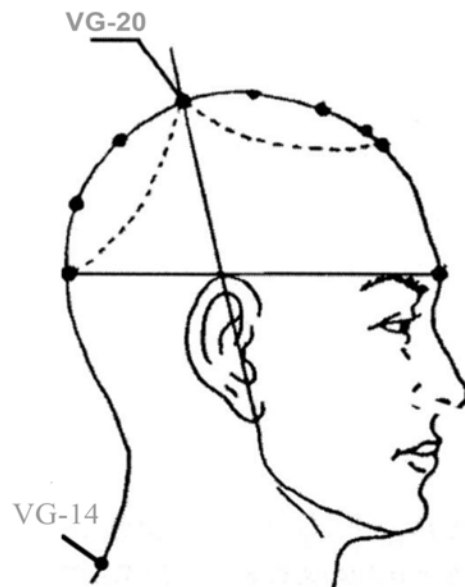
## Rear central meridian

### VG-20

On the midline, 7 chon upward from the rear hairline or 5 chon back from the front hairline

### -VG-14

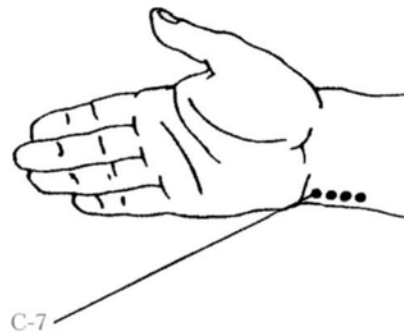
Under the seventh vertebra (the most prominent), between the vertebrae of the seventh cervical vertebra and the first thoracic vertebra.



## Heart meridian

### C-7

On the wrist crease, in the pit



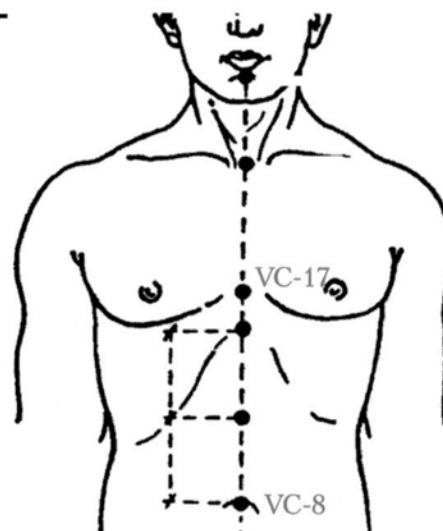
## Front central meridian

### VC-17

On the midline, 6 Chon under throat slit, the sternum, in the pit

### VC-8

The center of the navel



## Treatments with Aquatone and Triomed for inflammatory processes in inner organs and tissues (intestines, stomach, kidneys, muscles etc.)

In these cases, the body is trying to rid itself from micro-organisms by creating inflammatory processes. Aquatone helps the body by improving the blood, lymph and the water in the problem area, thus improving the immune system's access to micro-organisms as well as aiding it in removing deadly micro-organisms via the lymph. And Triomed, which improves cell membranes, strengthens the cells of the immune system.

Triomed: Use the programme "Harmony" twice a day. Place on local problem area: programme "Universal" 10 minutes, twice a day.

Aquatone: Place the device on the local problem area twice a day, alternate between Modes 2 and 3.

## Treatment with Aquatone and Triomed for inflammatory processes in joints and spine

Here, Aquatone is used in the same way as for problems in inner organs and tissues, but in this case Aquatone also reduces tension in the muscles around joints and vertebrae and improves blood circulation. Triomed strengthens the cells of the immune system and helps the muscles to relax.

Triomed: Use programme "Harmony" twice a day. Place on the area of the local problem: use programme "Universal" 10 minutes twice a day.

Aquatone: Place on the area of local problem twice a day, Mode 3.

## Treatment with Aquatone and Triomed for fibroids, adenoma, benign tumor

When the body creates tumors it is because it wants to limit the proliferation of micro-organisms. Tumors, like inflammations, are a result of stagnations but also of hormonal imbalances. In these cases, Aquatone reduces or eliminates stagnations, and Triomed - by strengthening the nervous system - balances the hormone system and strengthens the immune system.

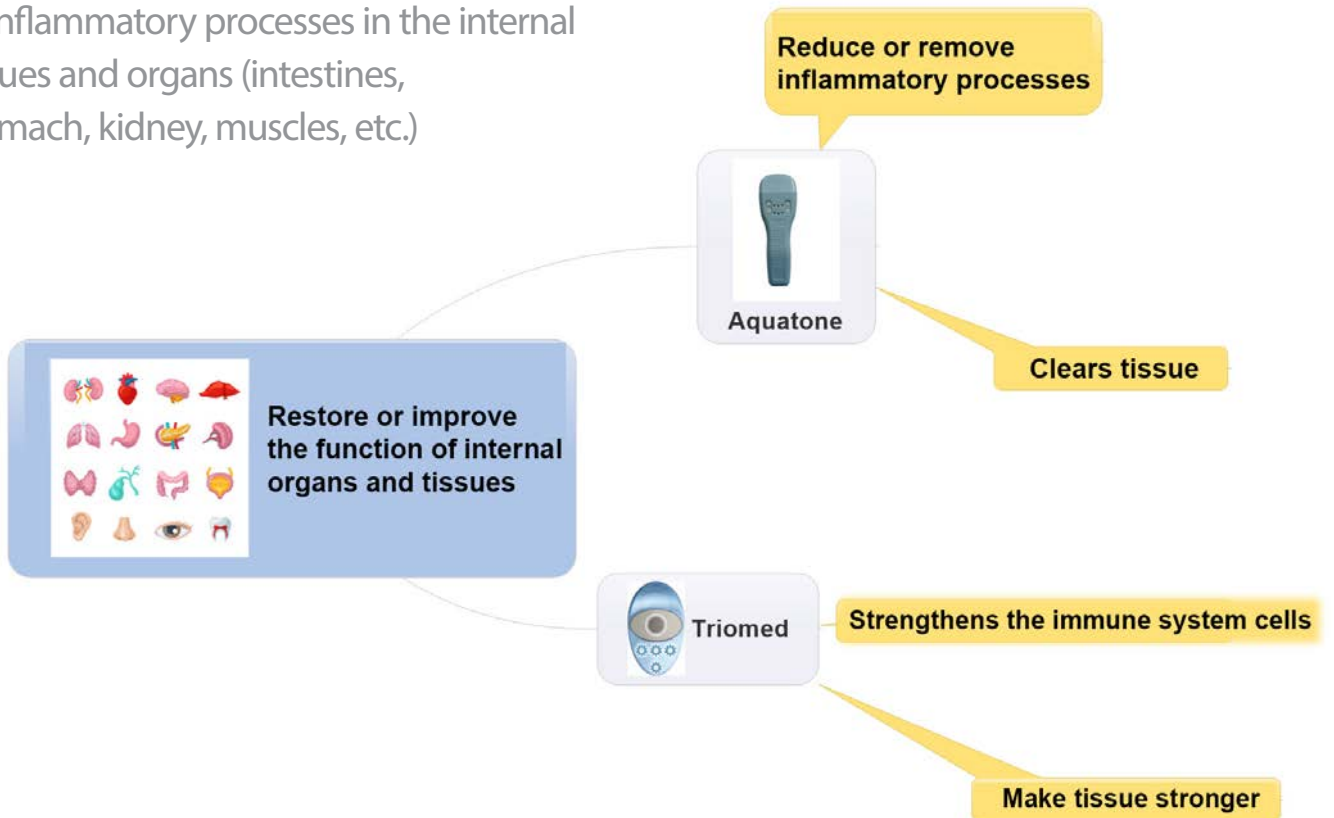
Triomed: Use programme "Harmony" twice a day. Place on the area of local problem, use programme "Therapist" 15 minutes once a day.

Aquatone: Place on the area of local problem, twice a day with Mode 2.

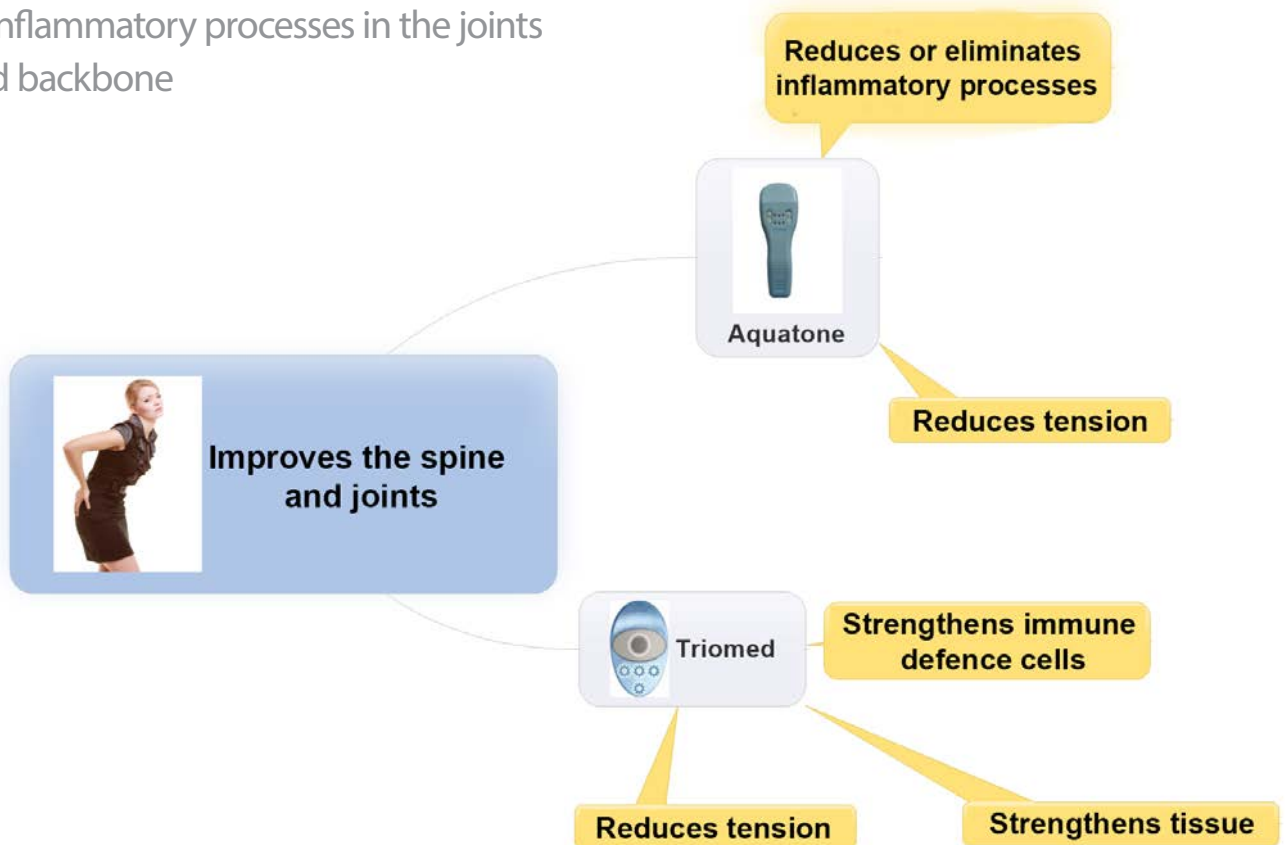
## Treatment with Aquatone and Triomed for psycho-emotional problems

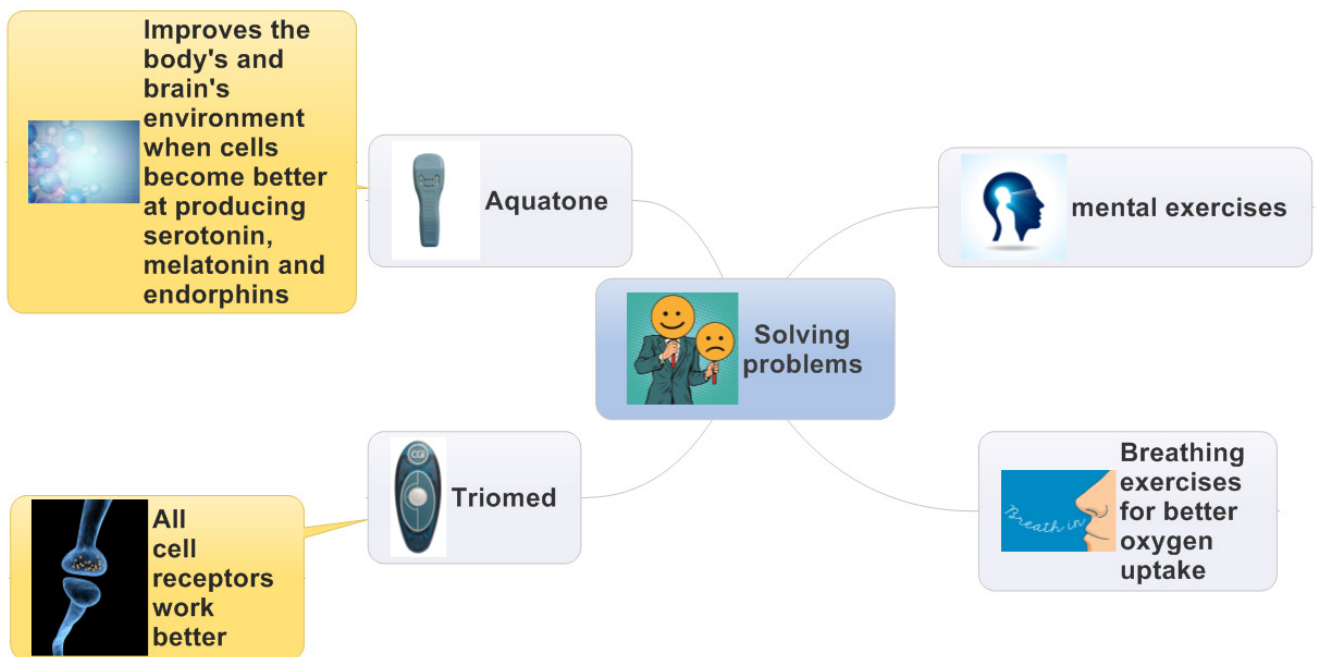
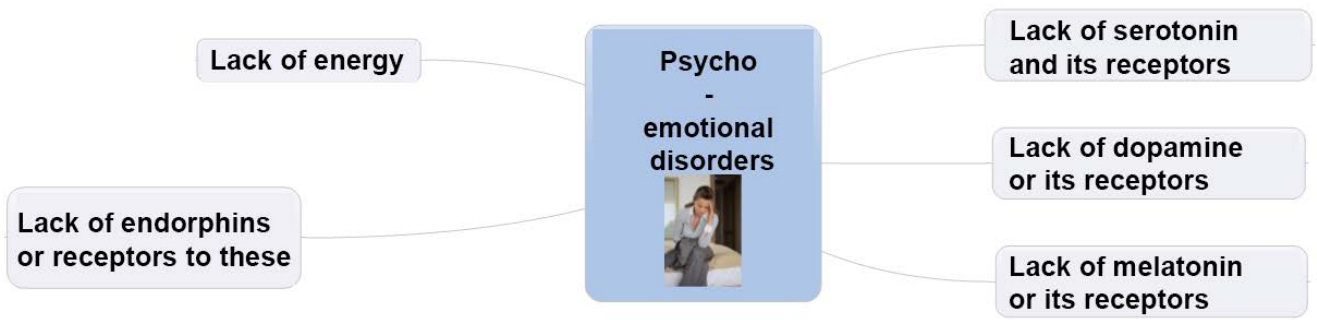
Aquatone and Triomed can be helpful for psycho-emotional problems as they improve the production of important neurotransmitters such as dopamine, serotonin and endorphins, which affect the psycho-emotional status. Aquatone improves the environment in the brain and intestines and thus aids the cells to produce more neurotransmitters. Triomed increases the energy of the cells so that they are able to increase production of neurotransmitters and also increases the sensitivity of the cells' receptors in the entire body, facilitating improved reception of neurotransmitters.

Treatment with Aquatone and Triomed in inflammatory processes in the internal tissues and organs (intestines, stomach, kidney, muscles, etc.)



Treatment with Aquatone and Triomed in inflammatory processes in the joints and backbone





Triomed: use programme "Harmony" twice a day, point VG 20, pict. 6 – programme "Therapist" once a day.

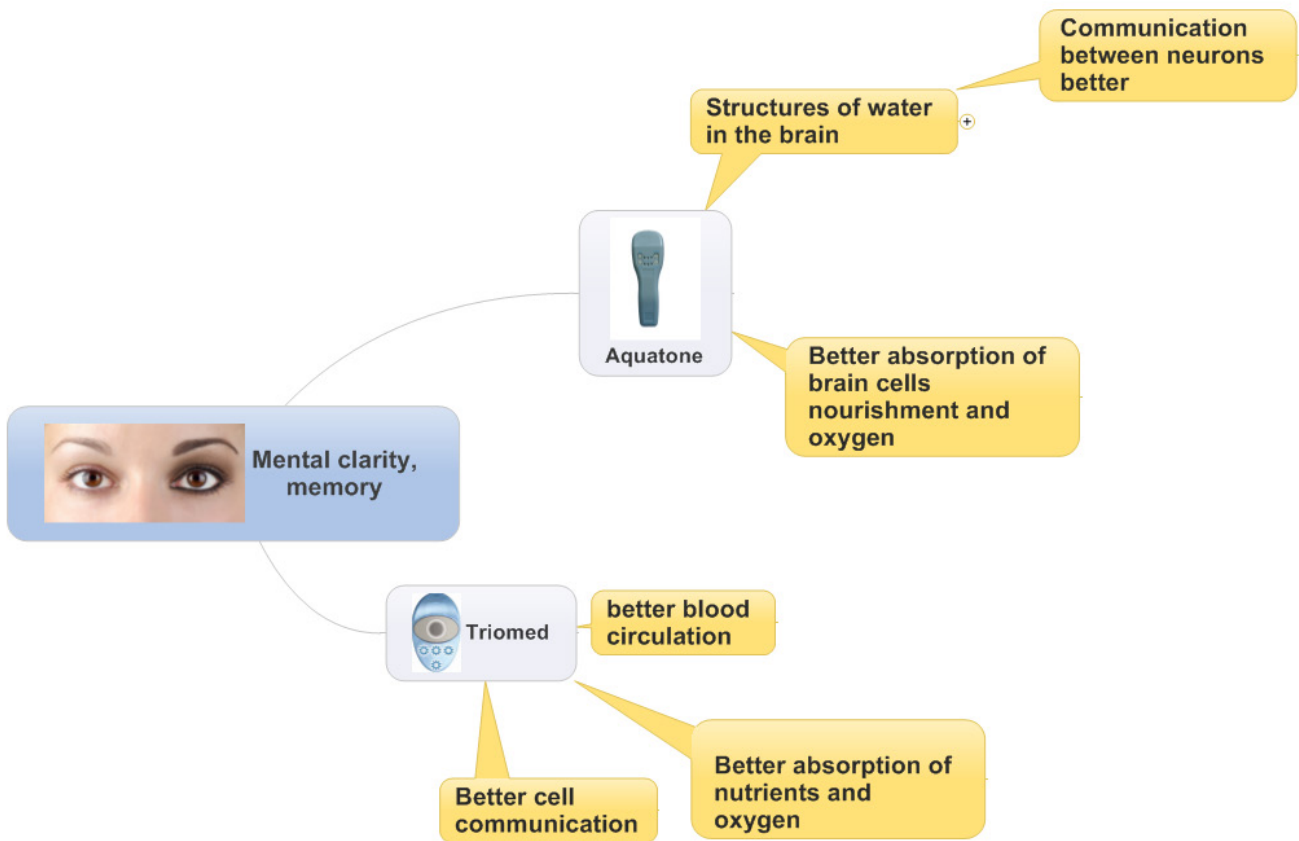
Aquatone: Back of the head twice a day, in the morning Mode 1-2, in the evening Mode 3 or Mode 2-3. Forehead: once a day with Mode 3.

## Treatment with Aquatone and Triomed for mental clarity

Mental clarity is dependent on how healthy the brain cells are, how good the blood circulation in the brain is and how well the communication between cells functions. The picture shows how you can create mental clarity and a good memory with the help of Aquatone and Triomed.

Triomed: Use the programme "Harmony" twice a day, point VG 20, pict. 6 and programme "Universal" twice a day, 2 minutes at a time.

Aquatone: Back of the head twice a day, Mode 1-2. Forehead: once per day with Mode 1-2.



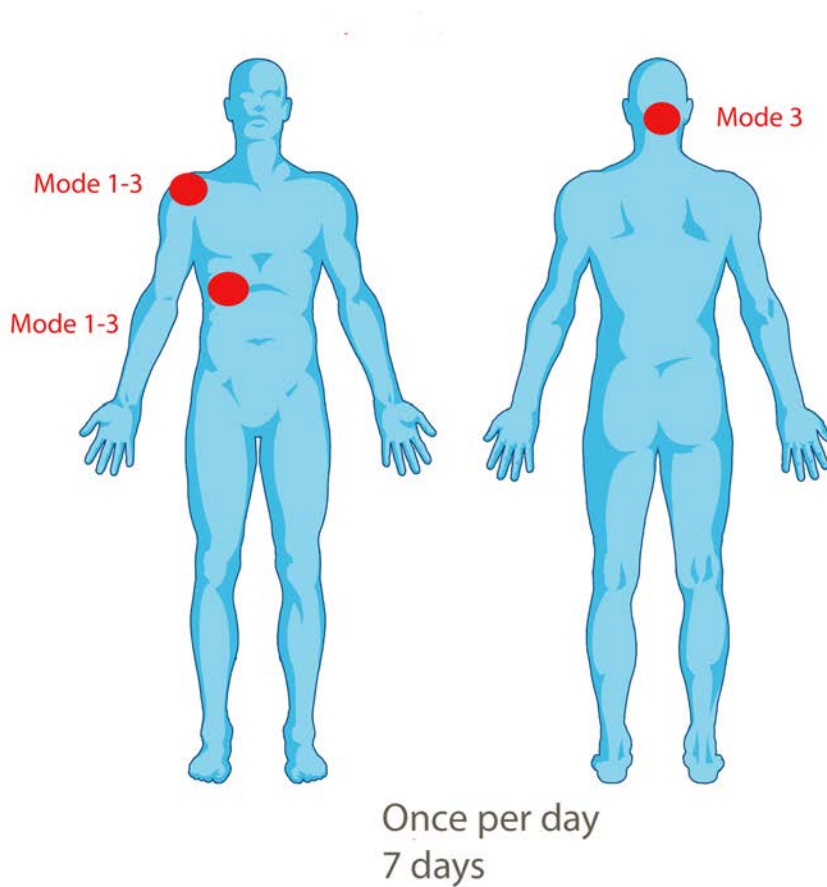
## Detoxification of the body

You detox the body in three stages - liver, kidneys and lymph system. Optimal cleansing is done with the help of Aquatone; the pictures show how you go about it. Triomed also aids the detoxification process by strengthening the cell membranes.

## Beauty comes from within

Beauty is equivalent to health - true beauty is impossible without good health. Why does the skin become dry, wrinkly and spotty? Mainly because the bodily detoxification mechanisms - the lymph system, kidneys and liver - do not function properly. It also has to do with a weekend status of the fibroblasts,

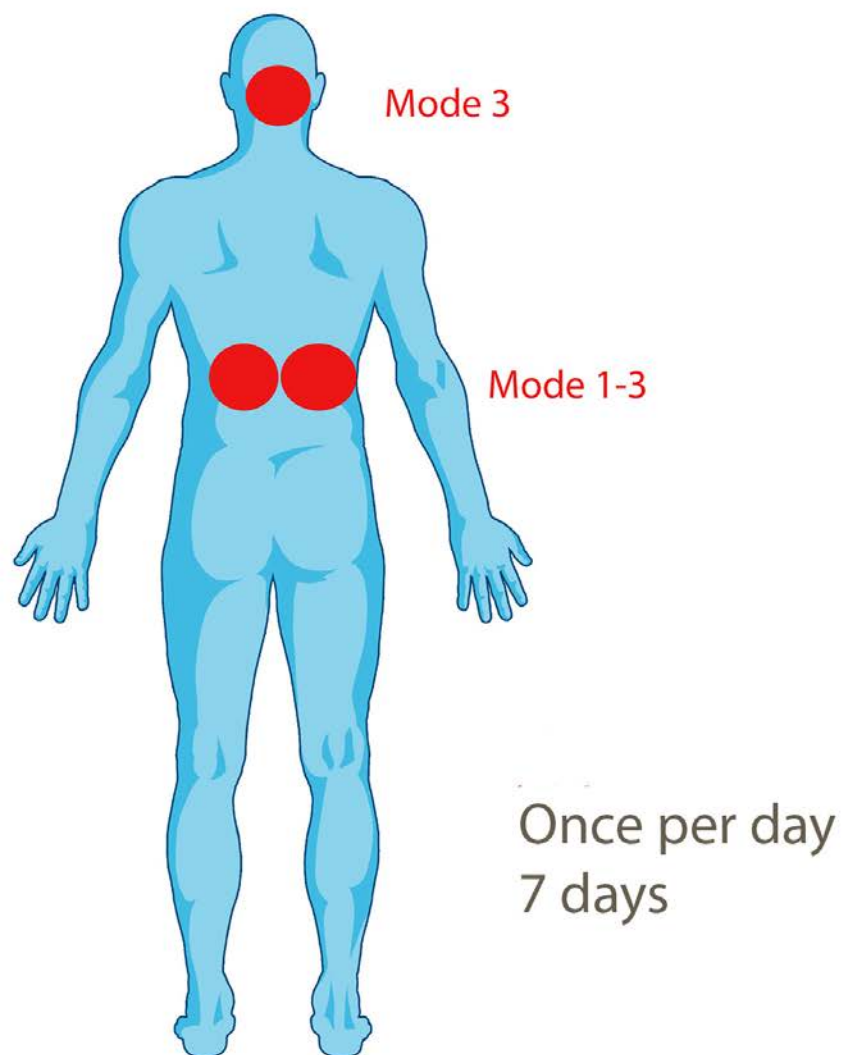
## Purging of liver



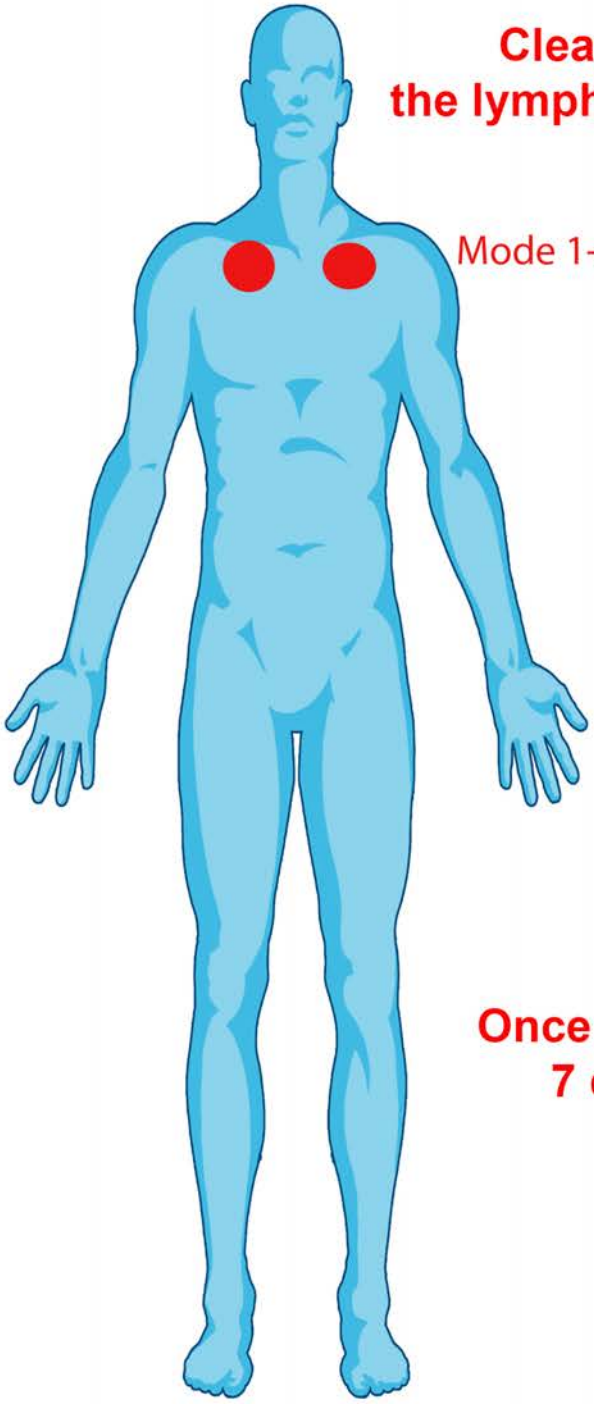
which are the collagen producing cells. Fibroblasts enervate the skin and make it elastic and hyaluronic acid maintains the moisture of the skin. As aging takes place, stagnation in the body increases and the detoxification mechanisms deteriorate simultaneously as the production of fibroblasts is reduced. It is well-known that the cosmetology industry uses fibroblasts injections to improve the skin. But these are only temporary measures and are also invasions on the body that are not always particularly healthy.



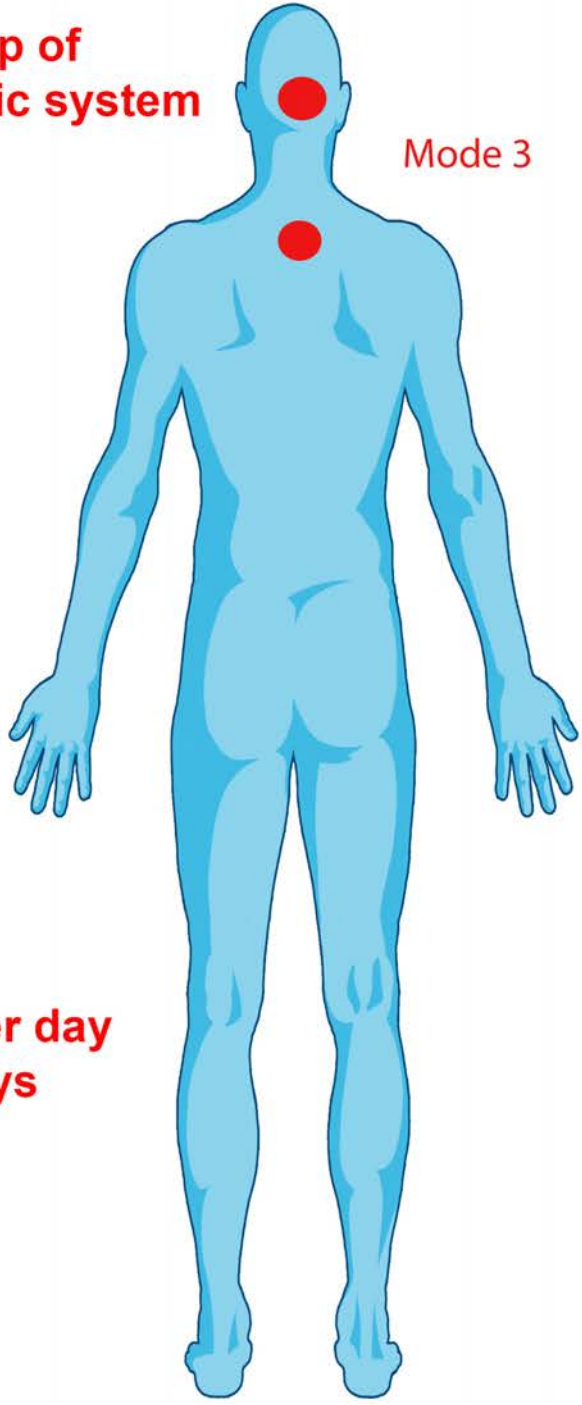
## Purging of kidneys



**Cleanup of  
the lymphatic system**

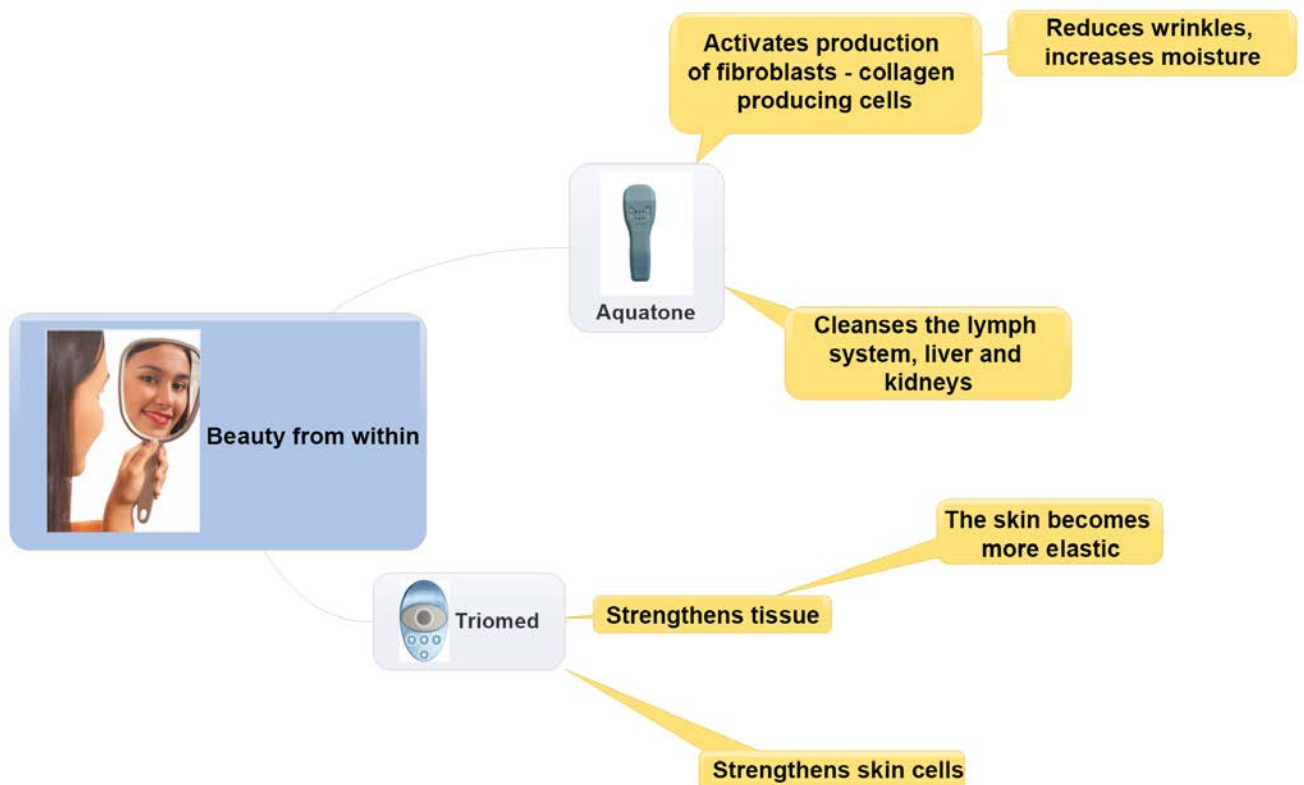


Mode 1-3



Mode 3

**Once per day  
7 days**



Today, we have the possibility to increase the production of fibroblasts completely naturally and at the same time considerably reduce stagnations and improve the detoxification mechanisms of the body.

Thanks to the latest development in information medicine and a revolutionary new method - Aquatone - we are now able to rejuvenate the skin by strengthening the inner environment of the body. The positive effects of Aquatone have been scientifically proven in over 150 clinical studies, among them a study by the Swedish Karolinska Institute, which indicates a substantial increase of fibroblasts when using Aquatone. Additionally, Aquatone's waves reduce stagnation in lymph and improve kidney and liver functions, which also has a major impact on the skin.

Triomed, which improves the cell membranes, strengthens the skin cells so they can better absorb nutrients, creams and lotions.

